Fall, 1981

INSTRUCTOR: Dr. Bryan Hiebert

Monday/Wednesday 1 - 3 p.m.

Office: MPX 8628 Phone: 291-3389

## COURSE DESCRIPTION:

This course is intended for senior students or practising teachers who wish to explore the area of school counselling and develop some counselling skills that can be used within a classroom setting. A combination of lectures, discussion, and practice exercises will be used as a means for exploring such areas as: the role of the school counsellor, counselling systems, vocational counselling, use of standardized tests as an aid to counselling, affective communication skills, and affective development.

## COURSE OUTLINE:

- 1. Counselling in the school
  - roles of school counsellor
  - the classroom teacher as counsellor
- 2. Approaches to counselling
- 3. Developing basic counselling skills
- 4. Vocational development
- 5. Use of standardized tests
- 6. Affective development
- 7. Developing pupil potential
- 8. Developing self-concept and personal coping
- 9. Use of referral services
- 10. Ethical considerations

## COURSE ASSIGNMENTS:

- 1. Minor paper value 20% 5 to 8 pages Elaborating one theoretical approach to counselling according to guidelines distributed in class.
- 2. Major paper value 40% 12 to 15 pages
  Reviewing one counselling intervention/program suitable for classroom implementation.
- 3. Final exam value 40% covering the whole course.

## COURSE TEXTBOOKS:

- Belkin, G. S. <u>Practical counseling in the schools</u> (2nd Ed.), Dubuque: Wm. C. Brown, 1981.
- Calhoun, J. F., & Acocello, J. R. Psychology of adjustment and human relationships, New York: Random House, 1978.